

Trust Recolo to provide expert, high quality and effective community neuropsychological rehabilitation to children, young people and their families.

AREAS OF SPECIALTY.

- Behaviour management
- Systemic therapy for families
- Neuropsychological assessment
- Memory rehabilitation
- Educational Psychology support and school liaison
- Assistive technology for rehabilitation
- Trauma work for children and adults
- CBT for children and adults
- Consultation and support to rehabilitation and allied therapy teams
- Specialist teaching, training and supervision to the NHS and private sector
- Paediatric Psychology support of children with chronic physical & medical conditions.

[www.recolo.co.uk](http://www.recolo.co.uk)

Complete care for the whole family.



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Reed, Byard & Fine  
Child neuropsychology & rehabilitation

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## WORKING WITH CHILDREN, YOUNG PEOPLE AND FAMILIES WHERE THEY ARE. AT HOME.

We believe that children benefit from being with family and friends and in their familiar surroundings. This is vital for successful rehabilitation following a traumatic brain injury.

We believe that by working with children at home, we are providing the setting for their optimal recovery and development.

### BUILDING RELATIONSHIPS.

We believe that good relationships are essential in aiding recovery. We understand that children and families make the best progress in a context of security and trust.

That's why we work hard to build relationships with the child and family, and help them forge positive relationships with their care workers, teachers and others.

We work individually with the child and alongside parents and teachers, providing support and advice.

**We provide neuropsychological assessment and rehabilitation in community settings for children with traumatic brain injury. Trust Recolo to provide complete care for the whole family.**



### MEET THE TEAM.

We are all Chartered Clinical Psychologists, Educational Psychologists and Paediatric Neuropsychologists.

The three co-founders Drs Howard Fine, Katie Byard and Jonathan Reed are committed to making Recolo the best service that it can be for children following brain injury and their families. Their aim is for Recolo to provide rehabilitation that is based on the latest research and evidence-base; to provide a model of holistic rehabilitation that supports the young person with brain injury, their family and the wider network around them, including education, allied therapists, support workers, and the Experts around the child

We have a number of Associates who work alongside us based across the UK and the Channel Islands. They are all qualified Clinical Psychologists and/or Educational Psychologists with expert skills in working with children young adults and their families.

### BELIEVING IN FAMILIES.

When a child suffers a traumatic brain injury, the entire family is affected. Each member has new responsibilities and the change has a significant emotional impact on everyone.

We believe that, with support, the family can offer their child the best environment for recovery. Children respond better to people they trust, in places where they feel safe. We believe the family has an important role to play in the rehabilitation of their child, but it's not always easy.

That's why we believe that any rehabilitation programme must include psychological support for families in this vital and all-encompassing role. We make sure we support families in their emotional adjustment and help them to understand how they can best aid the recovery of their child.

For further information on the range of services that Recolo can offer, please phone Lois Shafik-Hooper on **07715 104802** or email [lois.shafikhooper@recolo.co.uk](mailto:lois.shafikhooper@recolo.co.uk)



### LASTING RESULTS.

As Child Neuropsychologists we have specialised training and experience in understanding how brains develop and work, and how they influence behaviour. We use this knowledge to understand the impact of a child's brain injury on their everyday lives and to promote their ongoing development.

We have developed a specialised child neuropsychology rehabilitation service and model of rehabilitation that incorporates up-to-date research about brain development as well as support for the family caring for their child.

We promote the health of the physical brain through diet, exercise and rest. Injury to the brain often results in 'dysregulation', e.g. problems with organisation and planning and regulating mood and behaviour. We use structured activities and routines to prevent these difficulties occurring where possible. We aim to understand the child's current stage of development and work within the child's existing systems, such as family structure and school.

### TRUST RECOLO.

We believe we offer a unique approach to rehabilitation for children following traumatic brain injury.

We work alongside the family and other people in the child's life, such as care workers and teachers. We work within the child's everyday environments, knowing how important these are to facilitate optimal recovery. Our friendly team integrates clinical experience with up-to-date knowledge of brain development, child neuropsychological rehabilitation and psychological models of therapy. And we provide measurable evidence of the child's progress over time.

**We believe that, with support, the family can offer their child the best environment for recovery after traumatic brain injury.**

